

How to Use the Biliblanket

Why does my child need a biliblanket?

When a baby's liver is not mature enough to get rid of bilirubin, a yellow substance that is made when the body breaks down old cells, jaundice occurs. Jaundice can make a baby appear yellow. When this occurs, it is sometimes necessary to use a biliblanket to help the baby get rid of the bilirubin in its body. Your provider will decide if it is medically necessary for your baby to use a biliblanket or other treatment.

Directions for using the biliblanket:

Step 1



Place the box in a flat, stable location. Ensure the pad is plugged into the box and the box is plugged into the wall.

Step 2



Place the provided cover on the biliblanket with the straps on the bottom of the pad.

Step 3



Undress the baby down to a diaper and place the baby on the pad. The baby's head should not be on the pad. While the blanket is on the baby, provided eye protection should be used.

Step 4



Swaddle the baby with the straps on the cover. You may also swaddle the baby with another blanket. This blanket should not block the pad from the baby's skin.

Step 5



Flip the switch to turn the biliblanket on. The green light on the switch as well as the blue glow of the cord attached to the pad indicates the biliblanket is on.

Important Reminders:

- Your baby can be fed and held while undergoing therapy. Keep your baby on their normal feeding schedule.
- Always follow your provider's direction on how often and how long to use the biliblanket on your baby.
- Always protect your baby's eyes with the eye patches provided.
- Do not give your baby a bath while receiving therapy. Keep the baby and all parts of the biliblanket away from water.
- Adults and children do not need to protect their eyes from the therapy light like babies do.

For any questions or concerns, please call HCHC and ask to speak to a nurse.