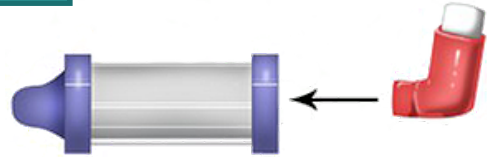


1



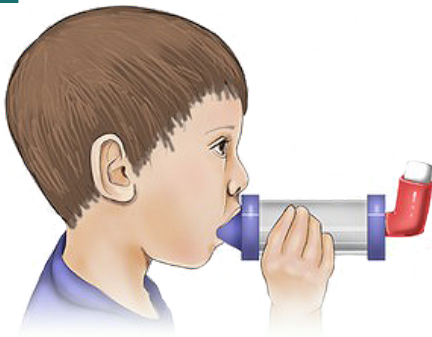
Shake the inhaler.

2



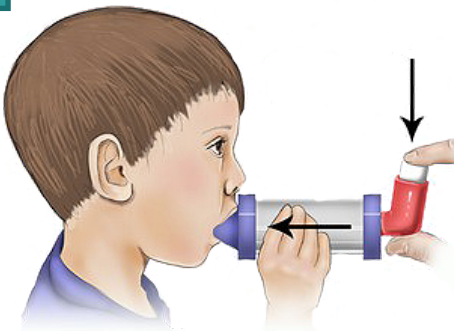
Insert the inhaler into the large open end of the spacer mouthpiece.

3



Take a deep breath and release all the air in your lungs, then put the spacer into your mouth between your teeth. Tightly seal your lips around the mouthpieces with your lips.

4



Once the spacer is in place, press the inhaler down once to release a spray of medicine. The medicine will be trapped in the spacer.

5



Take one breath in, slowly and deeply. Hold your breath for 5 to 10 seconds and then breathe out slowly. If you cannot hold your breath, you can also breathe in and out slowly for 3 to 5 breaths.